

SUCCESS COACHING PROGRAM

WHAT IS SUCCESS COACHING

Success Coaching is a mentoring program that is specially designed to support **teenagers** in attaining the assistance necessary for cultivating a fulfilling and prosperous life. By fostering successful habits through goal setting and expert guidance, we unleash each student's potential.

Our approach was developed through mentoring 4,000+ professionals and Arizona State University honors students for 25 years and 40 years of family expertise. This assures parents a tried-and-tested route to their child's success.



“LSA programs emphasize holistic development for teens. It provides inspiration, direction, and purpose to lead a happy, successful and enriching life. LSA shows them how it can be done using scientific and proven methods. LSA staff are great mentors, career/ life coaches, and have positively influenced many kids, especially my daughter.”

– Kiran S.

PROGRAM IMPACT

The coaching program caters to children who are motivated to change, who welcome guidance, and who seek support to attain their objectives. We offer comprehensive assistance across all areas of life, such as enhancing social abilities, improving mental health, honing executive functioning skills, exploring career options, and more.

Performance Criteria	Metrics
Total Students (results based on 90 responses)	143
Program Satisfaction Rating	96%
% Families Who Improved Relationships	75%
% Decrease in Student Stress	-42%
% Increase in Happiness and Confidence	21%
% Students Who Improved Academics	53%
% Students Who Feel Closer to Parents	67%
% Students Who Did More Chores	47%
% Students Who Talked to Teachers More	53%

Reported Student Improvements:

- Finding employment.
- College prep, application, & admission.
- Conquering bad habits.
- Improving time management.
- Dealing with stressful life events.
- Overcoming stress & depression.
- Better relationships with others.
- Finding their passion in life.
- Adding value and serving others.

HOW IT WORKS

1. Each student who is interested in the program is interviewed to determine their level of commitment and interest in the program.
2. Based on their interview, they are assigned a coach that matches their personality.
3. The coach will meet with the student and parents to confirm that the match is a good fit! The student will register for the program and start coaching calls.



1. Student Interview



2. Matching Coach



3. Success Coaching

“The program has really provided my son with more self-confidence, personal discipline, responsibility, better time management, goal focus, decision making, and happiness. The professionalism of the coaches is outstanding, their work is complete, and with the best interest for the well-being of the boys/girls. I firmly believe that this program has been of great benefit to my son’s development.– Patricia M. (Parent)

WHAT DOES THE PROGRAM INCLUDE?

- Time Period: 10-month coaching (August-May).
- Frequency: Weekly video calls with a certified coach.
- Parent Calls: Progress calls with parents as needed.
- Events: Exclusive in-person events [4x per semester].
- Internship: Exclusive Summer Internship (June-July).
- Membership: Executive Leadership Club (1 Year)



1st Year Cost is \$3,500

THE FUTURE PLAN & OPTIONS

Year 1

Personal Discovery

- Weekly Calls
- Practice goal setting
- Weekly 30-minute calls
- Workshops, clubs, and resources

Cost: \$3,500

Year 2

Personal Development

- Manage long-term goals
- Practice planning with parents
- 30-minute calls 2x per month

Cost: \$2,500

Years 3-5

Personal Achievement

- Career planning & application
- Meet with industry professionals
- 30-minute call 1x per month

Cost: \$2,000

No-Influence Mentoring Model

OUR APPROACH

Success coaching uses three key principles of mentorship based off 30+ years of proven industry research sourced from ASU and 40 years of family research:



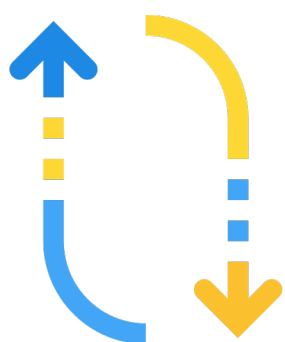
Individual Centered

The student is more important than the mentor. Each coach tailors the program to the child's needs and goals. We work with them and their parents to help them make their lives more enjoyable.



Simplicity Structured

Everything we teach is simple and can be taught in 10 minutes. Each lesson is designed to minimize a student's need to think in order to know what they must do to improve.



Action Focused

In order to improve, we believe a child must take action. Coaches work with students to help them set goals in the four cornerstones of life (see page 4) that are measured to identify impact.

Our approach was created to help students:

1. Learn who they are, learn to be happy, and decrease stress and worry.
2. Add value to society (identify an occupation).
3. Improve their family relationships.
4. Learn technical skills quicker.
5. Become more responsible.
6. Utilize expertise by asking for help from parents, teachers, and mentors.
7. Improve their people skills.



Success Cornerstones

We believe that in order to help a student develop into a happy and successful person, the development of the four cornerstones of life is critical. Coaches work with each of their students on setting goals to improve each cornerstone.



Personal

It is impossible to help others and add value to society if you are not able to take care of yourself. All successful people know how to maintain their physical, mental, and emotional well-being. A student with a stable personal cornerstone is:

- Healthy and Active
- Understands themselves (Likes and Dislikes)
- Self-Disciplined and Mature
- Productive and organized



Family

Through family, we learn to love, serve, and provide for others and ourselves. Families are the greatest way to receive support and develop the skills required to be successful. A student with a stable family cornerstone spends time:

- Getting to know family members
- Contributing around the house and to the family
- Caring for family
- Learning from family (parents, relatives)



Social

No matter what we decide to do in life the one thing that everyone will have to deal with is people. Social interaction is critical in every professional setting. Every profession is built around providing a social service. A student with a stable social cornerstone:

- Understands a wide variety of people
- Capable to express/understand emotions
- Capable to make new friends and connections
- Always inclusive



School & Work

Professional life is the culmination of all experiences. In this area, a student should not only learn essential skills and knowledge for success, but also identify how they will add value to society. A student with a stable school & work cornerstone has:

- Practiced key skillsets or talents
- Learned how to improve in any area of their life
- Sufficient work/academic experience
- Have an idea of how they could add value to society